



TNOA FRIENDS OF ANIMAL RESCUE 5K

DATE, TIME, LOCATION: South Padre Island Beach, 7010 Padre Blvd (by the Hilton Garden Inn)
August 17, 2014 8:00 AM

EVENT FEES: Fees:

- \$20.00 (Adults) - 1 mile run or walk- \$25 on Race Day
- \$20.00 (Adults) - 5K competitive run- \$25 on Race day
- \$15.00 (12 & under) - 1 mile run or walk - \$20 on Race Day
- \$15.00 (12 & under) - 5K run - \$20 on Race Day

PACKET PICK-UP: August 16, 2014 1-5 PM Packets may be picked up in person before race day at the South Padre Island Convention Center, 7355 Padre Blvd, South Padre Island, Texas (956) 761-3024

RACE DAY REGISTRATION: At Race Site 7:00AM-7:45AM

CONTACT OR MORE INFORMATION: 361-442-4081 vfittrainingcenter@yahoo.com

MAKE CHECKS PAYABLE TO: TNOA

Name _____ **Gender: M F**

Date of Birth ___/___/___ **Age on Race Day** _____ **Shirt Size: S M L XL XXL**

Address _____ **City** _____ **State** _____ **Zip** _____

Phone _____ **Email** _____ **Amount \$** _____

Email will be used for updates and info about the run.

(Parent signature if under 18)

WAIVER -I acknowledge that running a road/beach race is a potentially hazardous activity that could cause injury or death. I understand I should not enter unless I am medically able and properly trained. By my signature(s), I certify that I am medically able to perform this event and that I am in good health and I am properly trained. I agree to abide by any decision of race official relative to any aspect of my participation in this event. Including the right of any official to deny or suspend my participation in the event for any reason. I assume all risks associated with participating in this event, including, but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic, and the conditions of the road. I accept all such risks. I will abide by this guideline. Having read this waiver, knowing these facts, and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release V Fit Productions, South Padre Island CCB, South Padre Island, TNOA and all sponsors, their representatives and successors from all claims of liabilities of any kind arising from my participation in this event, even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver. By signing this I acknowledge and agree to the above waiver of liability.

Signature of the participant: _____

Signature of parent or guardian: _____

